



CARROLL CROSS COUNTRY

# Running Shorts

*A semi-annual newsletter  
for the  
alumni, family, and friends  
of  
Carroll Cross Country*

*Summer 2004*

## Coach's Corner

- John Agnew

(e-mail me at: [carrollcross@yahoo.com](mailto:carrollcross@yahoo.com))

This will be our last newsletter mailing as we will now be using our website and new alumni e-mail list to share news and events of Carroll Cross Country. Just go to our website at [www.carrollcrosscountry.org](http://www.carrollcrosscountry.org) and sign up for the alumni mailing list. We will periodically send you news on the current team and an occasional update on your fellow alumni. You will also receive notices on upcoming alumni events like the alumni race and Christmas party. We will moderate the list so you won't receive any spam or unwanted e-mails. If you do not have access to e-mail and would still like to be notified about the alumni race and Christmas party, please give me a call at 937-848-8512, or drop me a line at 2410 Lakeview Dr., Bellbrook, OH 45305. I can let you know of upcoming events.

As you can see below, Kevin and Kenyan are doing great and having fun. They are also very excited to announce the pending arrival of a new sibling in January. Mom (Christine) is doing well. Gary Ostdiek ('88) will again be helping me coach the high school



team, his 8th year on the staff. Matt Davies ('94) is also back for his 3rd year at the helm of the Jr. High program. And if I can remember back that far, this season marks my 20th year as coach of CCC. Wow, that will make you feel old!

*~Have fun!*

## 27th Annual ALUMNI RACE

Sat., August 14<sup>th</sup> at 10:00am

This year will mark the 27th annual alumni vs. team race. The event will again be held at our new site - the Kettering Rec Center / Indian Riffle Park. The two-mile run will be held on part of our All Ohio Catholic course. The starting line is located in the baseball field next to the pond. Fruit and refreshments will be served at the awards ceremony after the run. Following this event will be a cookout / pool party / alumni basketball tournament at the Crestwood Pool, adjacent to the Park (\$2 admission). Dust off your running shoes and come on out for a good time!

## Track season summary

The Patriot track team competed in 13 meets this spring and completed another successful season.

The Carroll squads once again out-scored all others in the distance events at the Mid Miami League Championships. MML highlights for the distance squad were a first place finish for the women's 4x800 relay in 10:00 (**Katie Hutcheson, Pam Ballman, Kristin Schweiterman, and Jordan Jennewine**), and numerous second place finishes: **Tom Middleton** (4:30 in the 1600), **Jordan Jenniwine** (2:25 in the 800), **Katie Hutcheson** (12:17 in the 3200), and **Tom Middleton** again (10:02 in the 3200).

At the District meet, the same women's 4x800 team placed 3<sup>rd</sup> in 10:06. Also advancing to Regionals was **Jordan Jennewine** in the 800 (2<sup>nd</sup> in 2:20), **Katie Hutcheson** in the 3200 (4<sup>th</sup> in 12:03), and **Tom Middleton** (2<sup>nd</sup> in 9:41).

The Regional meet saw outstanding races from the Carroll team. The women's 4x800 team ran a strong 10:08 but fell to tough competition. Freshman standout **Jordan Jennewine** ran an extraordinary 800 and broke the school record with a 2:17 for 5<sup>th</sup> place. Senior **Katie Hutcheson** ran a 12:07 3200 to complete a great high school career. And junior **Tom Middleton** ran a courageous 9:35 3200 for 5<sup>th</sup> place - up until the District meet, Tom had not yet run under 10:00!

Congratulations to all the Carroll runners for a fine season!

## cross country Web page

Our website has a new look thanks to our new webmasters **Kevin Flaute ('98)** and **Jeff Agnew ('74)**. They have plans for many more exciting changes. Watch for updates and additions throughout the upcoming season. Check it out at: [www.carrollcrosscountry.org](http://www.carrollcrosscountry.org) and don't forget to sign up for our alumni mailing list. Remember, this is our last newsletter. Future news and announcements (alumni race and X-mas party) will be sent via the e-mail list. Don't miss out, sign up on our webpage.

## 7<sup>th</sup>/8<sup>th</sup> \_\_\_\_\_ grade cross country

The Patriot Cross Country Club is gearing up for another exciting season of junior high cross country. The team is open to all interested junior high runners, and seeks to introduce them to the sport... and have fun in the process.

The season runs from early August through late October and includes 6 meets. It is a great experience and the kids really love it. If you know of any 7<sup>th</sup> or 8<sup>th</sup> grader who would like to give it a try, please contact Coach **Matt Davies ('94)** at (937) 253-2174.

## Alumni Happenings

The following former Patriots will be competing collegiately next year: **Pete Christoff '00 (Dayton)**, **Matt Danis '03 (Dayton)**, **Elizabeth Dinino '03 (Ohio Northern)**, **Katie Flaute '02 (Tennessee)**, **Tony Holtvoigt '03 (Dayton)**, **Katie Hutcheson '04 (Duke)**, **Kelly Kasten '04 (Ohio Northern)**, and **Jamie Levy '01 (Otterbein)**. Best of luck alums, we are very proud of you!

Double congratulations to **Matt** and **Mary Kate Sableski ('91)** on the birth of their twins, Anne Helen, who weighed in at 7 lbs. 3 oz. and was 19" long, and Patrick Geraghty, at 6 lbs. 4 oz. and 20" long.

We are excited for Elizabeth (Middleton) Rhoads ('96) and her husband John who are expecting their first child in January.

Congratulations to **Chris Wujcik ('91)** who recently married Mollie Wilson of Yancey, Texas. Alumni that attended the festivities were **Brian Ramos ('92)** and wife, and **Bill Ryan** and wife with new baby, and of course Chris' sister **Sara (Wujcik) Cavallon ('90)**.

Nice job by Alums and former CCC coaches **Matt Sableski ('91)** and **Dan Flaute ('95)** who guided the Alter Girls 4x800 meter relay to a Division II State Track Championship.

## 2004 season outlook

Both teams are determined to the Mid Miami League Title. Both teams will be aiming for their 13<sup>th</sup> title in the last 14 years. The men can make it 4 in a row to seal a perfect sweep for the seniors! The women had won an amazing 13 years in a row, but lost a close battle with a very strong Springboro team last fall. The Lady Patriots want to bring the title back home.

The Men's team lost 3 seniors from last year's varsity: **Ryan Eifert**, **Vince Hartman**, and **Alec MacEachern**. The remaining will be back and ready for the challenge – **Aaron Beach (SR)**, **Mike Hogg (JR)**, **Todd Holbrook (SR)**, and **Tom Middleton (SR)**. We are fortunate to have a long list of strong runners who are working hard to make varsity this fall. They include: **Kevin Branick (SR)**, **Mark Latta (SR)**, **Zach Mix (SO)**, **Ryan Monell (JR)**, **Chris O'Bryan (SO)**, **Eric Sagasser (FR)** and **Sean Stilson (JR)**.

We lost superstar **Katie Hutcheson** to graduation. She will run for Duke University this fall. Also graduating were varsity runners **Kelly Kasten**, who will compete for Ohio Northern, **Frances Krumholtz** and **Molly Williams**. The varsity runners returning from last year's Regional qualifying team are: **Marty Jenkins (JR)**, **Jordan Jennewine (SO)**, **Rebecca Minardi (SR)**, **Stacy Moxon (SR)**, and **Andrea Timm (JR)**. Others capable of helping the Lady Patriots are **Karly Boehmer (SO)**, **Kathy Chapman (FR)**, **Anna Duckro (JR)**, **Nikki Lange (SO)**, **Elayne Martz (SO)**, **Amanda Taylor (SR)**, and **Rebecca Young (FR)**. Good luck to the 2004 teams!

## 2004 varsity schedule

Try to catch a meet if you can - we appreciate alumni support! Check our website for times and locations!

Sat. 28 Aug.	Moeller Invitational
Sat. 4 Sep.	Treaty City Invitational
Sat. 11 Sep.	Bellbrook Invitational (Reserves)
Sat. 18 Sep.	Alliance Running Invitational
Sat. 25 Sep.	All Ohio Catholic Championships
Wed. 6 Oct.	Wayne Invitational
Sat. 9 Oct.	Eisenhart Invitational
Sat. 16 Oct.	Mid Miami League Championships
Sat. 23 Oct.	District Championships
Sat. 30 Oct.	Regional Championships
Sat. 6 Nov.	State Championships

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